

Club Start List – SAW - Sprint

2023-12-16

ADADesnível

FR	14:49	Carlos Serra	Vet 2M	1900 m	Start 1	8002810
----	-------	--------------	--------	--------	---------	---------

ADFA

FR	14:30	Ricardo Esteves Ferreira	Sen M	2700 m	Start 1	8161000
FNR	14:38	Pedro Duarte	Sen M	2700 m	Start 1	8508108
FR	14:33	Luís Quinta-Nova	Vet 2M	1900 m	Start 1	8261166

ADN Sesimbra

NF	14:26	Margarida Manso	FormF	1200 m	Start 1	
----	-------	-----------------	-------	--------	---------	--

ADRAA Avis

NF	14:28	Catarina Rosado	FormF	1200 m	Start 1	242388
FR	14:36	Jorge Rocha	Sen M	2700 m	Start 1	8067320
FR	14:00	Angelo Rosado	OpM	1600 m	Start 1	8112971
FNR	14:08	Anabela Pires	OpM	1600 m	Start 1	7480145

AEBoaAgua

FNR	14:34	Duart Matos	OpC	1200 m	Start 1	
FNR	14:38	Agatha Monteiro	OpC	1200 m	Start 1	
NF	14:04	Noémia Romão	OpM	1600 m	Start 1	
FNR	14:07	Alice Rocha	InfFA_DE	900 m	Start 1	
FNR	14:11	Matilde Vicente	InfFA_DE	900 m	Start 1	
FNR	14:08	Tílicia Baúka	InfFB_DE	1200 m	Start 1	
FNR	14:16	Inês Grou	InfFB_DE	1200 m	Start 1	
FNR	14:26	Rafael Almaça	InfMB_DE	1600 m	Start 1	
NF	14:32	Miguel Vieira	InfMB_DE	1600 m	Start 1	
FNR	14:38	Pedro Pereira	InfMB_DE	1600 m	Start 1	
FNR	14:44	Miguel Silva	InfMB_DE	1600 m	Start 1	
FNR	14:50	Ziad Es-Saidi	InfMB_DE	1600 m	Start 1	
FNR	14:22	Carolina Carriço	InicF_DE	1600 m	Start 1	
FNR	14:23	Dinis Geraldès	InicM_DE	1900 m	Start 1	

AENavRodrigSoromenho

FNR	14:05	Pedro Jacinto	InfMA_DE	900 m	Start 1	
FNR	14:18	Pilar Ventura	InfFB_DE	1200 m	Start 1	
FNR	14:22	Mariana Mendes	InfFB_DE	1200 m	Start 1	
FNR	14:30	Dinis Martins	InfMB_DE	1600 m	Start 1	
FNR	14:34	Gustavo Santana	InfMB_DE	1600 m	Start 1	
FNR	14:40	David Gonçalves	InfMB_DE	1600 m	Start 1	
FNR	14:46	Martim Bonito	InfMB_DE	1600 m	Start 1	
FNR	14:52	Guilherme Soares	InfMB_DE	1600 m	Start 1	
FNR	14:12	Matilde Martins	InicF_DE	1600 m	Start 1	
FNR	14:18	Inês Cunha	InicF_DE	1600 m	Start 1	

AFAP

FR	14:06	Magda Marques	Vet 1F	1700 m	Start 1	8004063
FR	14:01	Nuno Carvalho	Vet 2M	1900 m	Start 1	8004062
NF	14:32	Tomás Belo de Carvalho Franco	OpC	1200 m	Start 1	2800480

ATV

FR	14:54	António Baptista	Vet 1M	2200 m	Start 1	8308839
----	-------	------------------	--------	--------	---------	---------

CAOS

FR	14:30	Inês Pedro	FormF	1200 m	Start 1	8171114
FR	14:23	João Pedro	Juv M	1900 m	Start 1	8269013
FR	14:01	Juliana Pedro	Juv F	1900 m	Start 1	8511670
FR	14:20	Dinis Lopes	Jun M	2200 m	Start 1	8013490
FR	14:34	Jose Martinho Silva	Sen M	2700 m	Start 1	8070540
FR	14:25	Irina Soares	Sen F	1900 m	Start 1	8501913
FR	14:02	Hélder Machado	Vet 1M	2200 m	Start 1	8191200
FR	14:08	Arlindo Varela	Vet 1M	2200 m	Start 1	8067087
FR	14:14	Nuno Pedro	Vet 1M	2200 m	Start 1	8269034
FR	14:04	Angela Pedro	Vet 1F	1700 m	Start 1	8005379
FR	14:29	Joaquim Vidal Pereira	Vet 2M	1900 m	Start 1	8459049

CLAC

FR	14:24	Pedro Lagarto	Jun M	2200 m	Start 1	8268897
----	-------	---------------	-------	--------	---------	---------

CM Arrábida

FR	14:12	Paulo Batista	Vet 1M	2200 m	Start 1	1421970
----	-------	---------------	--------	--------	---------	---------

COALA

FR	14:04	Sérgio Mónica	Vet 1M	2200 m	Start 1	2016760
FR	14:14	António Reyes	Vet 3M	1700 m	Start 1	1954428

COC

FR	14:02	Pedro Marques	FormM	1600 m	Start 1	2032986
FR	14:17	David Marques	Juv M	1900 m	Start 1	8681430
FR	14:21	António Oliveira	Juv M	1900 m	Start 1	8511665
FR	14:05	Maria Oliveira	Juv F	1900 m	Start 1	8511650
FR	14:32	Manuel Oliveira	Sen M	2700 m	Start 1	8024738
FR	14:40	Daniel Marques	Sen M	2700 m	Start 1	8072509
FR	14:18	Jorge Oliveira	Vet 1M	2200 m	Start 1	8151978
FR	14:10	Marina Guilherme	Vet 1F	1700 m	Start 1	2077079

CP Armada

NF	14:00	Sara Monteiro	Jun F	1700 m	Start 1	2065665
FR	14:00	Nelson Monteiro	Vet 1M	2200 m	Start 1	8120357
FR	14:08	Suzana Lampreia	Vet 1F	1700 m	Start 1	7022031
FR	14:37	Paulo Ferreira	Vet 2M	1900 m	Start 1	8239617
FR	14:43	Júlio Oliveira	Vet 2M	1900 m	Start 1	242149

CPOC

FR	14:00	Hugo Esteves	FormM	1600 m	Start 1	240931
FR	14:24	Valentina Esteves	FormF	1200 m	Start 1	1381717
FR	14:03	Lisa Esteves	Juv F	1900 m	Start 1	1809321
FR	14:10	João Esteves	Vet 1M	2200 m	Start 1	241000
FR	14:16	António Aires	Vet 1M	2200 m	Start 1	8024714
FR	14:31	Arménio Mendes	Vet 2M	1900 m	Start 1	8117778
FR	14:35	Carlos Coelho	Vet 2M	1900 m	Start 1	259704
FR	14:39	Vitor Rodrigues	Vet 2M	1900 m	Start 1	8246408
FR	14:45	Rui Oliveira	Vet 2M	1900 m	Start 1	8009465

FR	14:11	Fátima Emauz	Vet 2F	1900 m	Start 1	8005378
FR	14:16	Acácio Porta Nova	Vet 3M	1700 m	Start 1	8269019
FR	14:06	Ana Carreira	Vet 3F	1600 m	Start 1	8681401

EBHermenegildoCapelo

FNR	14:36	Mariana Mata / Pedro Mata	OpC	1200 m	Start 1	
FNR	14:10	Ana Sofia Carvalho	InfFB_DE	1200 m	Start 1	
FNR	14:20	Matilde Pereira	InfFB_DE	1200 m	Start 1	
FNR	14:36	Pedro Dias	InfMB_DE	1600 m	Start 1	
FNR	14:14	Mónica Fernandes	InicF_DE	1600 m	Start 1	

ESPalmela

NF	14:40	Rita Fernandes	OpC	1200 m	Start 1	
NF/NF	14:02	AnaF+SebastiãoG	OpM	1600 m	Start 1	
NF	14:06	Miriam Marques / Iokany Sequeira	OpM	1600 m	Start 1	
NF	14:06	Madalena Vale	InfFB_DE	1200 m	Start 1	
NF	14:12	Ana Sobral	InfFB_DE	1200 m	Start 1	
NF	14:42	Guilherme Bândea	InfMB_DE	1600 m	Start 1	
NF	14:54	Gabriel Silva	InfMB_DE	1600 m	Start 1	
NF	14:03	Martim Matos	JuvM_DE	1900 m	Start 1	
NF	14:07	André Canarias	JuvM_DE	1900 m	Start 1	
NF	14:09	Hugo Carvalho	JuvM_DE	1900 m	Start 1	
NF	14:11	David Silva	JuvM_DE	1900 m	Start 1	
NF	14:15	Thomas Sasaran	JuvM_DE	1900 m	Start 1	

ESPinhal Novo

NF	14:20	Thiago Gonçalves	OpL	1700 m	Start 1	
FNR	14:24	Diogo Matos	OpL	1700 m	Start 1	
FNR	14:28	Marco Moita	OpL	1700 m	Start 1	
FNR	14:32	Raúl Vitorino	OpL	1700 m	Start 1	
FNR	14:36	ANABELA LETRAS	OpL	1700 m	Start 1	
NF	14:40	Alexandrina Gonçalves	OpL	1700 m	Start 1	
NF	14:42	Elisabete Azougado	OpL	1700 m	Start 1	
FNR	14:02	ISABELLY TORRES	InfFB_DE	1200 m	Start 1	
FNR	14:28	Gabriel Correia	InfMB_DE	1600 m	Start 1	
FNR	14:48	Diogo Mata	InfMB_DE	1600 m	Start 1	
FNR	14:10	Matilde Duarte	InicF_DE	1600 m	Start 1	
FNR	14:16	Marta Martins	InicF_DE	1600 m	Start 1	
FNR	14:20	Sofia Costa	InicF_DE	1600 m	Start 1	
FNR	14:17	Bruno Amorim	InicM_DE	1900 m	Start 1	
FNR	14:21	Alcino Cristovão	InicM_DE	1900 m	Start 1	
FNR	14:25	Miguel Ameixa	InicM_DE	1900 m	Start 1	
FNR	14:29	Ana Beatriz Vedrasco	JuvF_DE	1900 m	Start 1	
FNR	14:31	SARA GALVÃO	JuvF_DE	1900 m	Start 1	
FNR	14:33	MARIANA CRUZ	JuvF_DE	1900 m	Start 1	
FNR	14:35	Joana Cagarrinho	JuvF_DE	1900 m	Start 1	
FNR	14:05	Rodrigo Capitão	JuvM_DE	1900 m	Start 1	
FNR	14:13	TIAGO SANTOS	JuvM_DE	1900 m	Start 1	

ESSampaio

FNR	14:09	Simão Laia	InfMA_DE	900 m	Start 1	
FNR	14:04	Constança Marques	InfFB_DE	1200 m	Start 1	
FNR	14:14	Benedita Marques	InfFB_DE	1200 m	Start 1	

FNR	14:24	Adam Cascais	InfMB_DE	1600 m	Start 1	
FNR	14:19	António Gomes	InicM_DE	1900 m	Start 1	

GD4C

NF	14:19	Henrique Bayan	Juv M	1900 m	Start 1	1968503
FR	14:41	Joaquim Oliveira	Vet 2M	1900 m	Start 1	8010465
FR	14:13	Alexandra Coelho	Vet 2F	1900 m	Start 1	8501690

Individual POR

NF	14:42	Davide Manuel Barreiros Da Silva	Sen M	2700 m	Start 1	
NF	14:27	Patrícia Romão	Sen F	1900 m	Start 1	
NF	14:22	João Pereira	Vet 1M	2200 m	Start 1	1110235
NF	14:22	José Sousa	OpL	1700 m	Start 1	
NF	14:26	Cremilde Raposo	OpL	1700 m	Start 1	
NF	14:30	Jorge Ruivo / Rodrigo Ruivo	OpL	1700 m	Start 1	
NF	14:34	Eunice Manta / Jose Manta	OpL	1700 m	Start 1	1401760
NF	14:38	Diogo / Elza / Vitor Candeias	OpL	1700 m	Start 1	1111333

Ori-Estarreja

FR	14:26	Nuno Rebelo	Vet 1M	2200 m	Start 1	8001325
----	-------	-------------	--------	--------	---------	---------